

# NOTICE

## MEALS and LODGING ALLOWANCE — INCREASE —

**Indicated below is Vermont's Meals and Lodging Allowance.**

Effective **January 1, 2009**, and on each **January 1 thereafter**, the meals and lodging rates shall increase by five percent or the percentage increase of the Consumer Price Index, CPI-U, U.S. city average, not seasonally adjusted, or successor index, as calculated by the U.S. Department of Labor or successor agency for the 12 months preceding the previous **September 1**, whichever is smaller.

**Effective January 1, 2019**

**An employer shall be entitled to deduct from the wages earned an allowance for meals and lodging actually furnished and accepted as follows:**

Breakfast	\$3.17 daily
Lunch	\$3.56 daily
Dinner	\$3.95 daily
Full Board	\$10.68 daily or \$74.76 per week
Nightly Lodging	\$4.36 daily
Full Room	\$26.20 weekly
Full room and Board	\$90.49 per week

[www.Labor.Vermont.gov](http://www.Labor.Vermont.gov)

### FOR FURTHER INFORMATION CONTACT:

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#### Equal Opportunity is the Law

Auxiliary Aids and services are available upon request to individuals with disabilities. 711 (TTY/Relay Service or 1-800-650-4152 TDD (Vermont Department of Labor). Interpretive services available for limited English proficiency customers. For more information, please visit <http://www.dol.gov/oasam/programs/crc/ISpeakCards.pdf>