

NOTICE

MEALS and LODGING ALLOWANCE — INCREASE —

Indicated below is Vermont's Meals and Lodging Allowance.

Effective January 1, 2009, and on each January 1 thereafter, the meals and lodging rates shall increase by five percent or the percentage increase of the Consumer Price Index, CPI-U, U.S. city average, not seasonally adjusted, or successor index, as calculated by the U.S. Department of Labor or successor agency for the 12 months preceding the previous September 1, whichever is smaller.

Effective January 1, 2023

An employer shall be entitled to deduct from the wages earned an allowance for meals and lodging actually furnished and accepted as follows:

Breakfast	\$3.59	\$3.42 daily	
Lunch	\$4.04	⊙ \$3.85 daily	
Dinner	\$4.48	\$4.27 daily	84.77
Full Board	12.11	\$11.54 daily or	\$80.78 per week
Nightly Lodging	\$4.95	\$4.71 daily	
Full Room	29.77	\$28.35 weekly	
Full room and Board	102.78	\$97.89 per week	

www.Labor.Vermont.gov

FOR FURTHER INFORMATION CONTACT:

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