NOTICE

MEALS AND LODGING ALLOWANCE

-INCREASE -

Indicated below is Vermont's Meals and Lodging Allowance

Effective January 1, 2009, and on each January 1 thereafter, the meals and lodging rates shall increase by five percent or the percentage increase of the Consumer Price Index, CPI-U, U.S city average, not seasonally adjusted, or successor index, as calculated by the U.S Department of Labor or successor agency for the 12-month preceding the previous September 1, whichever is smaller.

Effective January 1, 2023

An employer shall be entitled to deduct from the wages earned an allowance for meals and lodging actually furnished and accepted as follows:

Breakfast \$3.59 daily
Lunch \$4.04 daily
Dinner \$4.48 daily

Full Board \$12.11 daily or \$84.77 per week

Nightly Lodging \$4.95 daily Full Room \$29.77 daily

Full room and board \$102.78 per week

www.Labor.Vermont.gov

FOR FURTHER INFORMATION CONTACT:

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Equal Opportunity is the Law

Auxillary Aids and services are available upon request to individuals with disabilities. 711 (TTY/Relay Service or 1-800-650-4152 TDD (Vermont Department of Labor). Interpretive services available for limited English proficiency customers. For more information, please visit http://www.dol.gov/oasam/programs/crc/ISSpeakCards.pdf