Vermont Department of Labor

NOTICE -

MEALS AND LODGING ALLOWANCE

-INCREASE -

Indicated below is Vermont's Meals and Lodging Allowance

Effective January 1, 2009, and on each January 1 thereafter, the meals and lodging rates shall increase by five percent or the percentage increase of the Consumer Price Index, CPI-U, U.S city average, not seasonally adjusted, or successor index, as calculated by the U.S Department of Labor or successor agency for the 12-month preceding the previous **September 1**, whichever is smaller.

Effective January 1, 2023

An employer shall be entitled to deduct from the wages earned an allowance for meals and lodging actually furnished and accepted as follows:

Breakfast \$3.59 daily Lunch \$4.04 daily

Dinner \$4.48 daily

Full Board \$12.11 daily or \$84.77 per week

Nightly Lodging \$4.95 daily **Full Room** \$29.77 daily

Full room and board \$102.78 per week

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