

# NOTICE

## MEALS AND LODGING ALLOWANCE — INCREASE —

Indicated below is Vermont's Meals and Lodging Allowance Effective January 1, 2009, and on each January 1 thereafter, the meals and lodging rates shall increase by five percent or the percentage increase of the Consumer Price Index, CPI-U, U.S city average, not seasonally adjusted, or successor index, as calculated by the U.S Department of Labor or successor agency for the 12-month preceding the previous September 1, whichever is smaller.

### Effective January 1, 2023

An employer shall be entitled to deduct from the wages earned an allowance for meals and lodging actually furnished and accepted as follows:

Breakfast	\$3.59 daily
Lunch	\$4.04 daily
Dinner	\$4.48 daily
Full Board	\$12.11 daily or \$84.77 per week
Nightly Lodging	\$4.95 daily
Full Room	\$29.77 weekly
Full room and board	\$102.78 per week

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